

MY TAKE AWAYS	WHO WILL I SHARE THESE TAKEAWAYS WITH?		WHEN & WHERE?		
	CONCEPTS & BIG IDEAS 	CASE STUDIES/ STORIES/ EXAMPLES 	SKILLS & TECHNIQUES 	QUESTIONS & ISSUES TO EXPLORE 	

MY COMMITMENT	3 NEW ACTIONS ACTION WHEN AND WHERE?		MY CHALLENGE MY GOAL	3 NEW HABITS TRIGGER ROUTINE REWARD	

WHO WILL HELP HOLD ME TO ACCOUNT? _____

MY SUPPORT	PEOPLE & NEW CONNECTIONS 	RESOURCES & TOOLS
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